



United
Women
in Faith

Northern Illinois Conference

Spiritual Growth Retreat

Saturday, 22nd March 2025

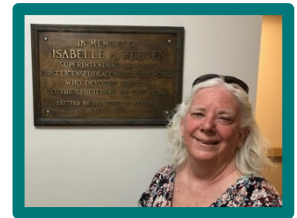
Coordinated by:

Deaconess Catherine Inserra with support from
the UWFaith NIC Leadership Team

Sacred Breath: Contemplating Mortality as an Act of Devotion

First United Methodist Church in Park Ridge
418 West Touhy Avenue
Park Ridge, Illinois 60068

8:15 a.m. **Registration** with light morning refreshments
9:00 a.m. **Program**
Featuring Deaconess Martha Lundgren
Lunch
Break-out sessions (there will be a variety of options)
Closing with worship and communion **ending at 2:00 pm**



\$15.00 **Per person** (scholarships are available for youth between 14-21)
Make checks payable to:
United Women in Faith Northern Illinois Conference (UWFaithNIC)

RSVP by: 15th March 2025 (space is limited to 120, so sign-up early!)

Name: _____
Address: _____
City, State, Zip: _____
Telephone: _____
E-mail: _____
Local Church: _____

Number of participants: # _____ Amount enclosed: \$ _____
(cash or check may be brought on the event day)

Mail registration to: Kathy Tiffin
8232 Kenton Avenue
Skokie, IL 60076

E-mail registration to: Kathy Tiffin
ktrsstiffin@gmail.com

Questions contact: Deaconess Catherine Inserra
847-224-2870
cathinserra59@gmail.com

Website for UWFaith NIC: www.uwfaithnic.org



Mural in Tucson, AZ. Photo credit Deaconess Martha Lundgren